

## Caring Volunteers Help Senior Citizens Maintain Independence

Thanks to the generosity of this community, NHCO provides compassionate, effective and immediate help to just about everyone who needs it due to a significant financial hardship.



**FAITH  
IN ACTION**

However, we are worried about our elderly neighbors who are in need due to age and isolation. We do not have enough volunteers to help them! **Faith in Action** volunteers provide essential nonmedical assistance that allows senior citizens to remain safe and independent in their own homes as long as possible.

Services provided include rides to the doctor or physical therapy, assistance with grocery shopping, friendly visits and telephone reassurance to alleviate feelings of loneliness and isolation, and home checks to ensure the seniors' safety.

Some elderly individuals have family in the area to help them. Many do not.

NHCO is actively recruiting volunteers who reside in all areas of northern Allegheny County; however, our most urgent need at the present time is in the communities of Blawnox, Sharpsburg and O'Hara.

Volunteers may give as much or as little time as they have available, and the schedule is extremely flexible. Training is provided, but all that's really required is a caring heart and the desire to be a friend to an elderly neighbor.

Call Cathy Pschirer at 412-307-0069 to attend an upcoming Faith in Action training (all start at 9:30 a.m.):

- June 25, Allison Park
- July 17, NHCO North Boroughs
- August 12, NHCO Millvale
- September 11, Allison Park

In addition, we will hold several training sessions this summer for **Free Rides for Seniors** drivers and dispatchers. The shuttle runs weekdays along Freeport Road and has been in operation since May 2005. Since then, 18,632 rides (and counting!) have been given to 543 local seniors. Please visit [www.nhco.org/calendar.htm](http://www.nhco.org/calendar.htm) or call Kerry Mulhern at 412-449-0151 for more information.

## Bikes Provide Rides for Fun and Work

NHCO's **Bike Share** project was headed this spring by **Audra** and **Mark Ziegenfuss**, Cranberry residents and cycling enthusiasts.

Thirty-eight gently used bicycles were collected, mostly from **Marshall Elementary School** donors. The bikes were then repaired (if necessary) by a team of volunteers at **Kraynick's Bike Shop**.

Thirteen families in need (parents AND children) selected their bikes at the Millvale Community Center on March 2nd. Children under the age of 12 also received a \$10 gift card to purchase a bike helmet, which is required by law.

While the bikes will be used mostly for fun and exercise, two of the adult recipients will use their bikes as their primary mode of transportation to get to work.

In addition, 16 bikes were donated to the **Millvale Boys & Girls Club** to be used in their summer day camp program.

Brother and sister **Jacob** and **Nicole** of Millvale get ready to give their new bikes a test spin.



# The Connector

*The Connector* is published three times per year and mailed to 14,000 local addresses.

You can **help us save** postage and printing costs by signing up to receive the newsletter electronically. Also, please let us know if you are receiving more than one copy.

Send any address corrections or other comments regarding *The Connector* to [help@nhco.org](mailto:help@nhco.org).

## Main Office

1975 Ferguson Road  
Allison Park, PA 15101  
412-487-6316, *option 1*

## Millvale Satellite

416 Lincoln Avenue  
Pittsburgh, PA 15209  
412-487-6316, *option 2*

## North Boroughs Satellite

Allegheny General Hospital,  
Suburban Campus (Bellevue)  
100 South Jackson Avenue, 2 South  
Pittsburgh, PA 15202  
412-307-0069

## Office Hours

Monday through Friday, 9 AM - 4 PM  
(*Other times by appointment*)

**email:** [help@nhco.org](mailto:help@nhco.org)

**website:** [www.nhco.org](http://www.nhco.org)

**Mission:** North Hills Community Outreach addresses the spiritual, emotional, physical and material needs of local individuals and families in crisis, hardship and poverty.

**Vision:** Northern Allegheny County is a community where everyone shares with their neighbors in hardship and no one is cold, hungry or forgotten.

**Fay Morgan, Executive Director**  
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[wbgordon@nhco.org](mailto:wbgordon@nhco.org)

## Sharing Projects Provide a Way to Help

If you want to truly understand NHC's motto of People Helping People, look no further than our Sharing Projects! Seasonal items are collected throughout the year and then distributed to low-income families in the local community.

**Spring Share**—This year, 436 families received candy baskets and a \$10 grocery store gift card. Thanks to our generous donors, we even had some baskets left over and shared them with the **Millvale Food Cupboard, Gwen's Girls, Crisis Center North** and **Holy Trinity Greek Orthodox Church**.

Special thanks to lead volunteers **Jean Muth** and **Audrey Edwards** and to the following extra-effort donors: **Renee** and **Ali Full** donated 50 baskets brimming with treats; teenager **Kaylee Kentz** made 55 baskets (her 7th consecutive year); **St. Bonaventure Women's Club** made 60 baskets; **Oxford Athletic Club** was a drop-off site for donations; and **PMA Insurance Group, Aquinas Academy** and **NAI Key Club** all donated a significant number of candy baskets.

Up next is **Back-to-School**. We are currently collecting new backpacks and school supplies appropriate for all ages. We especially need larger backpacks for grades four and up. Volunteers are also needed in July and August to get the supplies ready for distribution (great opportunity for kids and teens to help). Last year, 595 low-income children returned to school with new supplies.

If you are cleaning out your closets this summer, please hang onto your gently worn winter coats until September, when collection begins for our **Free Winter Coat Shop**. We do not have facilities to wash coats and we can't afford dry cleaning, so please make sure that your donation is clean (on a hanger is preferred). We especially need adult large and extra large sizes as well as coats for children. Last year, more than 2,000 free coats were distributed.

For information on any of these sharing projects, contact Judy Murchak at 412-487-6316, option 1, or [jamurchak@nhco.org](mailto:jamurchak@nhco.org). For tips on organizing a collection, please visit [www.nhco.org/collections.htm](http://www.nhco.org/collections.htm).



**Jared and Michael Urich** of Hampton sort Spring Share candy donations they collected for their Lenten project at St. Bonaventure.

## NHCO Volunteer Needs Life Saving Transplant—You Can Help!

In 2004, 41-year-old BethAnne Lankey of Ross was diagnosed with a little understood autoimmune disease called Antiphospholipid Syndrome (APS). APS causes blood clots to form in any artery or vein without provocation. The damage can be devastating, and the disease can be fatal. She can no longer work, volunteer or play sports (walking up a flight of stairs is often too taxing). Her health is a full-time job now.



BethAnne gets a hug from her goddaughter.

As a result of APS, BethAnne has lost lung and heart function. Clots have caused cognitive and memory issues as well. BethAnne now has heart failure and recently was told APS may have damaged her kidneys.

BethAnne's doctors have said that her only hope is a blood/bone marrow stem cell transplant (nonembryonic) at Northwestern University in Chicago. PA Medical Assistance does not pay for care outside of Pennsylvania or for treatments that are considered experimental; the transplant is both. Her family and friends have already begun working on events to raise the **\$300,000 needed for the transplant.**

BethAnne must raise the money as quickly as possible because she needs to remain healthy enough to undergo the procedure. Her lung function is just ten percent above the cutoff limits. Her heart function has also begun to fail; that, too, could eliminate her chances for the transplant.

BethAnne began volunteering at NHCO in 1999. After her diagnosis, she could no longer volunteer and needed assistance in meeting her basic needs. Since April 2005, NHCO has helped her with employment, legal consultations and advocacy regarding social security disability insurance, food pantry, rental assistance, financial assistance to pay utilities, and the purchase of an affordable car through partner agency Community Auto so that she can get to all of her medical appointments.

Donations are needed and will be used to pay for BethAnne's living expenses now and for the foreseeable future. Covered expenses include rent, utilities, medications, and travel and accommodations in Chicago for the necessary testing and transplant. Donors may send their tax-deductible gift to NHCO (with "Extreme Adversity" on the memo line), 1975 Ferguson Road, Allison Park, PA 15101.

Donations for the transplant can be sent to Achieva Family Trust, c/o BethAnne Lankey, 711 Bingham Street, Pittsburgh, PA 15203.

## Unwanted Cars Wanted!

With so many local (and national) organizations accepting vehicle donations these days, it's hard to stand out in the crowd!

That is, unless you are **Community Auto**, the area's only nonprofit that sells donated cars at a deeply discounted rate to local low-income workers who need a safe, affordable vehicle for employment and critical family matters.

Because of Community Auto's unique mission of putting donated cars into the hands of people who need them (rather than just selling the vehicles at auction), donors may take a **tax deduction equal to the fair market value** of the vehicle.

In the past ten months, Community Auto has repaired donated vehicles to enable 27 individuals or families to purchase them at prices well below fair market value. Some use their own funds or gifts from family to make their purchase; others obtain grants or loans (e.g., from the PA Department of Welfare).

NHCO partners with Community Auto to provide them with administrative support, allowing them to focus solely on their mission. To donate a car or to see if you qualify to purchase one, call 724-443-8300. More information is also available at [www.nhco.org/auto.htm](http://www.nhco.org/auto.htm).

**Beth of Bellevue purchased a 1997 Dodge Intrepid for \$1,500 from Community Auto (a savings of 38 percent off fair market value). She needed a safe and reliable vehicle to take care of critical family matters.**



## Special Fundraisers Forward our Mission of Helping Neighbors in Need

NHCO conducts a handful of events that raise funds—and friends—for our mission of helping local individuals and families in poverty, hardship and crisis.

Thank you to everyone who has supported one or more of these events in the past few months. Who knew that simply playing miniature golf, dining on pasta, purchasing delicious fruit or walking a few miles could make such a difference!

**Citrus Sale**—More than \$15,000 was raised during this year's sale. Thanks to everyone who purchased fruit, including individuals who bought and donated fruit for our food pantries (98 boxes).

The always dedicated **Bill Ammer** and **Boy Scout Troops 17** and **195** stayed an extra four hours to unload a (very!) late delivery truck. Thanks also to **NAI's Key Club** members for being a huge help (thanks also to their sponsor **Barb Schmid** for coordinating the effort).

If you are not currently on the citrus mailing list but would like to be included next year, please send an email to [help@nhco.org](mailto:help@nhco.org) with "citrus" on the subject line.

**Millvale Spaghetti Dinner**—Approximately 320 dinners (dine in and take out) were sold at this lively event on April 4, helping us raise more than \$3,600. Thanks to the 45 volunteers who assisted during the meal, the **Pittsburgh Piranhas Women's Hockey League**, **First United Church of Christ** youth group and **Kim Dembowski** for her pasta cooking leadership!



Volunteer **Jimmy Heaton** of Hampton shows his compassion (and strength!) by carrying box after heavy box of citrus fruit.



Volunteer **Scott Kasbee** of Franklin Park serves salads with a smile at the Millvale Spaghetti Dinner.

**Walk for a Healthy Community**—Thanks so much to **Highmark Blue Cross Blue Shield** for selecting NHCO as one of the 37 participating charities in this year's Walk, which took place on a very rainy May 3rd. Despite the weather, 43 walkers turned out to support NHCO's mission, enjoy live music, snack on healthy treats and take advantage of free health screenings.

Special thanks to the 58 individuals who collected and/or donated a combined total of \$2,300. Thanks also to volunteers **Chris** and **Crystal Manning** of McCandless and NHCO youth leader **Corrie Parrish** for enthusiastically handling our registration table.

We hope that Highmark invites us to participate in next year's Walk and that you will join us!

**Mini-Masters Miniature Golf Tournament**—Thanks to the 81 golfers who participated on May 15th at the RMU Island Sports Center on Neville Island. Congratulations to the low scorer and winner of the miniature green jacket, **Bill Springer**, and to the winning foursome of **Ruth** and **Larry Maloney** and **Pat** and **Patti Santelli**.

Special thanks to our celebrity emcee, **Kevin Miller** of KDKA Radio, and to **Althea** and **Oscar Worthy**, **Chuck Rosenberg** and **Jo Stone** for their outstanding contributions to the event.

The **Doris A. Richert Mini-Masters Volunteer Award** was presented to committee member **Paul Cusick**. Doris was a longtime volunteer at NHCO who especially loved participating in the Mini-Masters. She passed away last August and was greatly missed at this year's event.

## A Good Night to Skip Dinner

On June 25-26, The **St. Paul's Players** at St. Paul's UMC in Hampton will donate two performances of Ken Ludwig's *Lend Me a Tenor* for NHCO's annual Dessert Theatre.

At 6:30 p.m., the doors will open for an incredible feast of donated desserts (plus fruit and cheese) as well as the silent auction. Tickets are \$22 each, with all proceeds benefitting NHCO's mission of helping local people in need.

For a brief synopsis of this hilarious comedy, visit [www.nhco.org/dessert.htm](http://www.nhco.org/dessert.htm). You'll also find a ticket order form. To donate a dessert or silent auction item, please contact Vicki Burstynowicz at 412-487-6316, option 1, or [vdburst@nhco.org](mailto:vdburst@nhco.org). Special thanks to **Thrivent Financial for Lutherans** for providing matching funds.

## Volunteer Orientations

Please join us for a one-hour volunteer orientation session to learn about NHCO's programs and how you can fit in with our mission and vision. There is no obligation to sign on, but we'll warn you that nearly everyone who attends an orientation becomes a volunteer! Once people see the difference they can make in the lives of neighbors in need, they want to be a part of our organization of People Helping People.

- June 10, 10 AM, North Boroughs
- July 10, 10 AM, Allison Park
- Aug. 7, 10 AM, Millvale
- Sept. 11, 7 PM, Millvale
- Sept. 25, 10 AM, Allison Park

Contact Jennifer Drayton at 412-487-6316, option 2, or [jmdrayton@nhco.org](mailto:jmdrayton@nhco.org).

## Volunteer Opportunities

- Help staff tables at summer community events to promote awareness of our mission and services.
- Families and groups are needed for the kettle campaign in July.
- We need folks to help keep our grounds tidy at the Allison Park site.
- Do yardwork for local senior citizens this summer. A great project for teens or anyone with a green thumb!
- Truck owners are needed to help deliver and pick up large items on an as-needed basis.

Contact Jennifer Drayton at 412-487-6316, option 2, or [jmdrayton@nhco.org](mailto:jmdrayton@nhco.org).

## Thumbs Up for Special Efforts!

As much as we'd love to acknowledge every gift and effort in this section, we simply don't have enough room! From February through May 1, we received an amazing 1,355 gifts (both financial and in-kind). We appreciate every single gift! Here are some very special efforts:

- Food pantry participants gobbled up cookies donated by **Kyle Silberstein** of Franklin Park, who baked them for his Bar Mitzvah project; and **Megan Vankirk** of Hampton, who baked for a Girl Scout project.
- Vincentian Academy students **Joe Lampe**, **Gesue Staltari**, **Drew Bencsics** and **Josh Smith** celebrated their 16th birthdays together and requested that guests bring donations for NHCO instead of gifts for them. We received \$305 in food plus \$820 in cash and gift cards thanks to these four generous young adults!
- Our scholarship program for nontraditional adults was the beneficiary of \$8,500 from **Zonta Three Rivers North's** annual Glass Slipper Ball.
- Under the direction of teachers **Jason Hillegas** and **Michelle Medic**, students in **North Hills High's** pottery and gourmet foods classes held an Empty Bowls event that brought in \$1,351 for our mission.
- Parents of 3-year-old **Alexander Lioy** of Franklin Park requested donations be made to NHCO in lieu of presents for his birthday; friends gave \$150.
- Two dentists generously donated their services to provide much needed dental work for low-income individuals. Thanks to **Dr. Chenet** and **Snyder & Dugan Oral and Maxillofacial Surgery**.
- **Berkeley Hills Lutheran** donated \$250 they received from Abitibi recycling.
- Pine-Richland senior **Sarah Clouse** earned her Girl Scout Gold Award by creating a 5K race that brought in more than \$500 in food for our two pantries.

NHCO Speakers Bureau volunteer **Carrie Burnham** is surrounded by a few good (young) men. **Boy Scout Troop 335** at **Northmont UPC** learned how their donation of \$1,000 in food helps people at our two pantries.



## AmeriCorps\*VISTA Volunteers' NHCO Stories



Another AmeriCorps\*VISTA perk—Here Jennifer and Erin participate in our Mini-Masters Miniature Golf Tournament.

Last August, we were fortunate to have two outstanding individuals join us as AmeriCorps\*VISTA volunteers. Their year of service will wrap up in a couple of months, so we asked them to share a bit about their experience so far.

### Jennifer Drayton Volunteer Coordinator

After graduating from La Roche, I quickly learned that my degree in interior design was not as fulfilling as I had hoped. While working in the field, I was finding less opportunities to utilize my strengths and no chances to improve aspects of myself that needed nurturing, such as leadership development.

My mother-in-law, who has been an NHCO volunteer for several years, told me about the VISTA opportunity. Once I read the description of the Volunteer Coordinator position and learned of NHCO's core values, I wanted to

take that leap. I am forever grateful to my mother-in-law for leading me in this direction!

The guidance of my supervisor, my interactions with volunteers and the trust given to me have allowed me the opportunity to develop leadership skills. It is an honor for me to serve as an AmeriCorps\*VISTA, especially with NHCO, because it is a place that allows me to grow.

[Good news! Jennifer has agreed to remain with NHCO in the position of Volunteer Team Leader after her year of service is up!]

### Erin Stevens Faith in Action Coordinator

Although I knew that I would eventually go to law school, after graduating from West Virginia Wesleyan I decided to take a year off from school first. While searching for something useful to fill my time, I discovered AmeriCorps, which was the perfect match for me. AmeriCorps\*VISTA allowed me to commit a year to service while developing leadership skills and contributing to society in a meaningful way. As I started the search for which AmeriCorps position I would take, NHCO's mission, vision and values immediately stood out for me.

I have been given the opportunity to grow and develop skills that are unique to the NHCO AmeriCorps\*VISTA experience. The trust that has been placed in me and guidance that I have been given has helped me to succeed here, and given me the confidence in myself and my abilities that will serve me well throughout life.

I am excited to be continuing my education this fall at the University of Pittsburgh School of Law, where I received a scholarship (due in part, I'm certain, to my AmeriCorps experience).

## Big Food Drives Make a Difference!

From February through April, 109 NEW low-income families signed up to use our two food pantries, with many citing the high cost of gasoline as a contributing factor. Thankfully, our shelves have been replenished (for the time being!).

The Allison Park postal carriers delivered approximately \$12,500 worth of food from the annual Stamp Out Hunger drive. Thanks to everyone who donated from the 15101 zip code! Also, Scouting for Food brought in \$17,613 in food!

Summer tends to be a slow time for donations to our food pantry, with school being out and civic groups not meeting as regularly. However, the need is still there and will likely increase if the economy continues to worsen.

Please consider holding a food drive in conjunction with a family picnic, graduation party, wedding or other summer event. For ideas on making your food drive a success, please contact Brandi Rukovena at 412-487-6316, option 1, x3144, or [brukovena@nhco.org](mailto:brukovena@nhco.org).

## Words of Thanks

"Thank you from the bottom of my heart for being there, being knowledgeable and for not being judgmental." —West View

"We benefit from so much, ranging from food to coats at winter time and even toilet paper! My children are learning how it is nice to give and receive and be even more thankful that God has made different ways for our needs to be met." —Ross

"NHCO has been an answer to my prayers for myself and my son. Thank you also for treating me in a professional and confidential way—it made it okay to come back." —Hampton

## Savers Stick with the Program Despite Tough Times

It seems like everyone is talking about the price of gas these days. No one feels the pain at the pump more than a low-income family already living paycheck to paycheck. Still, there are currently 57 people enrolled in NHCO's **Family Savings Accounts** program,\* and they are sticking with it!

Participants diligently save \$10-20 a week, which will be matched dollar for dollar, up to \$2,000. Funds may be used to purchase a car or house, make critical home repairs, start a small business or to enroll in higher education (for self or dependent).

Since the program's inception in 2002:

- 61 individuals have "graduated" and received their matching funds;
- 138 women and 38 men have enrolled; 107 have children living with them;
- 123 have been employed; the rest are students, retirees, homemakers or have disabilities;
- 56 have participated in NHCO-sponsored financial literacy workshops;
- Savings deposited by these low-income savers= \$223,772.

Volunteer mentors are needed to guide and encourage FSA participants as they work to build financial security through saving. Please contact Harriet Gibbs at 412-487-6316, option 2, x3217, or [hzgibbs@nhco.org](mailto:hzgibbs@nhco.org).

## A Different Kind of Summer Camp for Teens

Forget swimming classes and tennis lessons! NHCO is collaborating with **NeighborWorks Western PA** to present a five-day **Financial Literacy Summer Camp** for teens. The camp will take place July 7-11, from 10 a.m. - 2 p.m., at the Millvale Community Center., 416 Lincoln Avenue. Lunch will be provided.

The program is FREE for youth ages 16-19 and includes topics such as setting financial goals, making a budget, checking and savings accounts, investing, loans, insurance, credit cards, credit reports, predatory financial activities such as scams and check-cashing stores, and more.

Youth who complete the course will be rewarded with \$100 in a fee-free savings account at a participating bank.

Space is limited, so call to reserve your spot today! Your teen will come home full of knowledge, not bug bites! Call 412-281-1100, ext. 121.

\*Funded in part by the PA Dept. of Community and Economic Development

## Local Artist Comes for Help, No Longer "Starving"

**James Bristol**, 24, moved to Avalon from upstate New York four years ago to attend the Art Institute of Pittsburgh and achieve his dream of becoming an artist. When his parents learned that he had dropped out of school, they withdrew their financial support. Shortly thereafter, his roommate unexpectedly moved out, leaving him struggling to pay the rent and utility bills and to buy food.

He came to NHCO for help in July 2005 and was enrolled in our case management program for self-sufficiency.\* Jim's case manager helped him to set realistic goals, create a résumé and develop a budget. We enrolled him in Customer Assistance Programs to help him pay his utility bills, applied for LiHEAP and \$1 Energy assistance, provided food through our North Boroughs Food Pantry, secured medical insurance via the Department of Welfare, and helped him upgrade his housing.

After working several stop-gap jobs, Jim secured a promising part-time position with an electrical contractor. Recognizing Jim's potential, his boss paid for HVAC training and then gave him a full-time job upon completion of the training.

One day, Jim hopes to be able to support his family with his art alone. Until then, he has a steady income along with essential life skills he has learned through his involvement in NHCO's case management program.

**James Bristol's** case manager was present to cheer him on when he sold two paintings during the opening reception of his first solo gallery show. James continues to work toward his dream. He and his fiancée, also an artist, completed a 3,300 square foot mural depicting the history of Pittsburgh at the Gateway Clipper Fleet.



## Yes, I want to help!

Make your gift work twice as hard! Many employers have **matching gift programs**; please check with your human resources department to obtain the necessary forms.

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone (in case of questions) \_\_\_\_\_

### GIFT AMOUNT & PAYMENT METHOD

\$35  \$50  \$100  \$250  Other \$ \_\_\_\_\_

Check enclosed.

MasterCard # \_\_\_\_\_

Visa # \_\_\_\_\_

Expires \_\_\_\_\_

Signature \_\_\_\_\_

### OPTIONAL

Save postage! Please don't send a thank you letter.

This is my first financial gift to NHCO.

Please contact me about volunteering (be sure to include your phone number above).

Please contact me about including NHCO in my will and other planned giving opportunities.

This gift is:

in honor of  in memory of  in celebration of

\_\_\_\_\_

Please notify:

\_\_\_\_\_

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NHCO is an IRS-approved 501(c)3 organization.  
Your donation qualifies as a charitable deduction.

S08NEWS

## Wish List Priorities

### NHCO

- New birthday cards and envelopes for our Faith in Action care receivers
- Copy paper in white and assorted colors
- Laser printer address labels in Avery 5960 or similar format
- Paper shredder

### Community Auto

- Fireproof locking filing cabinet
- Windshield washer fluid
- Sump pump
- Paper shredder
- WD-40
- Gas cards

To donate, contact Vicki Burstynowicz at 412-487-6316, option 1, or [vdburst@nhco.org](mailto:vdburst@nhco.org). For a complete wish list, visit [www.nhco.org](http://www.nhco.org).

## You Can Help Secure NHCO's Future!



**Nicholas Sichak**, one of our youngest supporters!

Please consider making a planned gift to our Endowment Fund, which is administered by **The Pittsburgh Foundation** and is currently valued at about \$13,000. Your support can help to ensure that NHCO is here in the future to address the basic human needs of our neighbors in poverty, hardship and crisis.

The most common form of a planned gift is a **bequest**, a gift that you make to the NHCO Endowment in your will. You can designate a specific dollar amount, a percentage of your estate or the remainder after other gifts.

Other planned gifts include a charitable gift annuity, charitable lead trust, charitable remainder trust, life insurance policies and retirement fund assets. Talk to your legal and financial advisors.

For more information about any of these planned giving opportunities, please contact **Fay Morgan** at 412-487-6316, option 1, or [fpmorgan@nhco.org](mailto:fpmorgan@nhco.org).

### NORTH HILLS COMMUNITY OUTREACH

1975 Ferguson Road  
Allison Park, PA 15101-3235

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